

The Home Safety Checklist

Room-by-room childproofing you can actually finish. Print it, walk each room at a toddler's eye level, and tick as you go — you won't do it all in a day, and you don't need to.

Start with these five the highest-impact fixes — do these before anything else

- ☒ **Anchor tall furniture, dressers & TVs to the wall**
- ☒ **Lock medicines & cleaning products away, up high**
- ☒ **Never leave a child alone near water**
- ☒ **Fit safety gates at the top & bottom of stairs**
- ☒ **Turn pot handles in; set the water heater to 120°F / 49°C**

 Every room · basics
THE FOUNDATIONS THAT APPLY EVERYWHERE

- ☐ Cover unused outlets with tamper-resistant caps or plates
- ☐ Go cordless on blinds, or tie cords high and short
- ☐ Tuck away trailing power cords and chargers
- ☐ Pad sharp furniture corners at head height
- ☐ Fit smoke alarms on every level; test monthly

 Bathroom & water
DROWNING RISK · MEDICINES · SCALDS

- ☐ Never leave a child alone near water — bath or bucket
- ☐ Latch medicines & vitamins away, out of reach
- ☐ Add a non-slip bath mat and a soft tap cover
- ☐ Fit a toilet-lid lock for crawlers and toddlers
- ☐ Unplug and store hairdryers and razors

 Bedrooms & nursery
SAFE SLEEP · TIP-OVERS

- ☐ Bare cot for infants: firm mattress, no pillows or bumpers
- ☐ Keep the cot clear of windows, cords, and radiators
- ☐ Anchor the dresser; no heavy shelf above the cot
- ☐ Use a dim night-light on the path to the bathroom
- ☐ Place a smoke alarm outside sleeping areas

 Ready for the moment
WHEN SECONDS MATTER

- ☐ Save Poison Control & your doctor in phones and on the fridge
- ☐ Keep a stocked first-aid kit within an adult's reach
- ☐ Teach older kids how and when to call emergency services

 Kitchen & fire
BURNS · SCALDS · THE COOK-ZONE

- ☐ Turn pot handles inward; cook on back burners
- ☐ Latch knives, matches & lighters in a high drawer
- ☐ Move or latch cleaning products under the sink
- ☐ Keep hot drinks away from counter edges
- ☐ Keep a fire extinguisher within reach of the stove

 Stairs, living & falls
GATES · WINDOWS · ANCHORS

- ☐ Fit gates at the top and bottom of every staircase
- ☐ Check railings are secure; gaps under 4 in / 10 cm
- ☐ Lock or guard windows; move climbable furniture away
- ☐ Anchor bookcases and media units to the wall
- ☐ Keep coins & button batteries off low surfaces

 Garage, laundry & outdoors
CHEMICALS · WATER · PLAY

- ☐ Lock tools, paints, pesticides & car fluids up high
- ☐ Latch the washer & dryer; hide detergent pods
- ☐ Fence and self-latch any pool, pond, or water butt
- ☐ Check play kit for soft landings and firm fixings
- ☐ Store the ladder flat so it can't be climbed

 Re-walk it as they grow
DIFFERENT AGE, DIFFERENT HOUSE

- ☐ Re-check the whole house on every birthday
- ☐ Walk it again after any move or renovation
- ☐ Circle what needs buying; keep one short list

Supervision beats every gadget here — these tools buy the seconds a busy parent needs.
Injury-prevention context & statistics: Emma Johnson's guide · [siebenpolklaw.com/child-safety-tips](#)

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