

FAMILYDECODE · FREE PRINTABLE

Sibling Peace Plan

A simple family agreement for fewer fights and calmer repair when they happen.

- Our house rules for kind hands & words
- What to do when we disagree
- How we make it right after

Our Sibling Peace Plan

Fill it in together at a calm moment, then hang it where everyone can see.

Our house rules

- ☐ We use kind hands and kind words
- ☐ We ask before taking a toy
- ☐ We take turns and share time
- ☐ Everyone's feelings matter

Calm-down choices

- ☐ Count to ten
- ☐ Squeeze a pillow
- ☐ Take a drink of water
- ☐ Go to our calm-down spot

When we disagree

- ☐ Stop and take a breath
- ☐ Use words: "I feel... because..."
- ☐ Ask a grown-up if we're stuck
- ☐ Take space, then come back

How we make it right

- ☐ Say what happened
- ☐ Say sorry and mean it
- ☐ Do one kind thing to repair
- ☐ Hug or high-five if we want to

Signed by our family: _____

FAMILYDECODE

You've got this.

This is one of 30+ free FamilyDecode printables made to take one hard family moment and make it a little easier.



- Routine & bedtime charts
- Feelings & calm-down tools
- Chore charts by age
- Milestone & potty trackers
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